

Trainingsplan, Platzbelegung Kunstrasen 2023/2024 Winterzeit									SG Dettingen-Dingelsdorf	
Platz/Feld	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag	Platz/Feld		
	Kunstrasen	Kunstrasen	Kunstrasen	Kunstrasen	Kunstrasen	Kunstrasen	Kunstrasen			
9.00-10.00								9.00-10.00		
10.00-11.30								10.00-11.30		
11.30-13.00								11.30-13.00		
13.00-14.30								13.00-14.30		
14.30-16.00								14.30-16.00		
16.00-16.15								16.00-16.15		
16.15-16.30								16.15-16.30		
16.30-16.45								16.30-16.45		
16.45-17.00								16.45-17.00		
17.00-17.15								17.00-17.15		
17.15-17.30								17.15-17.30		
17.30-17.45								17.30-17.45		
17.45-18.00								17.45-18.00		
18.00-18.15								18.00-18.15		
18.15-18.30								18.15-18.30		
18.30-18.45								18.30-18.45		
18.45-19.00								18.45-19.00		
19.00-19.15								19.00-19.15		
19.15-19.30								19.15-19.30		
19.30-19.45								19.30-19.45		
19.45-20.00								19.45-20.00		
20.00-20.15								20.00-20.15		
20.15-20.30								20.15-20.30		
20.30-20.45								20.30-20.45		
20.45-21.00								20.45-21.00		
21.00-21.15								21.00-21.15		
21.15-21.30								21.15-21.30		

